

Recommended setting for video for confluence

Recommended codecs when uploading onto confluence

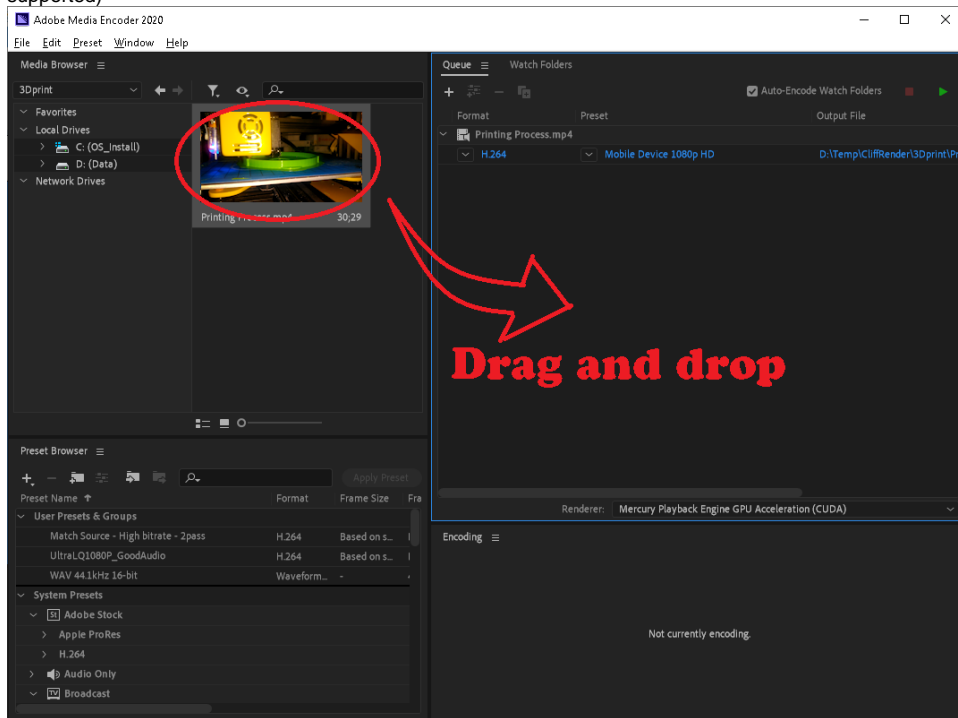


- To achieve balance between fluency and detail in the uploaded video, usually H.264 1080p NTSC/PAL is a good standard for video uploading
- The bit-rate shouldn't be too high at the same time quality needs to be assured
 - A lot of tools are also available
- This tutorial will be using [Adobe Media Encoder](#)
 - [An extra tutorial](#) if you don't have any access to good transcoder
- All the parameters applies to other softwares
- Especially need to do this if you are using new iphone's HEVC, as most browser can't decode it yet

A sample using "YouTube 1080p Full HD" (to use this video player instead of system default, please refer to: [Using VideoJS plugin to avoid autoplay of video if you have multiple videos.](#) (You ***MUST*** Use VideoJS if your file is webm, as confluence default player doesn't support it)

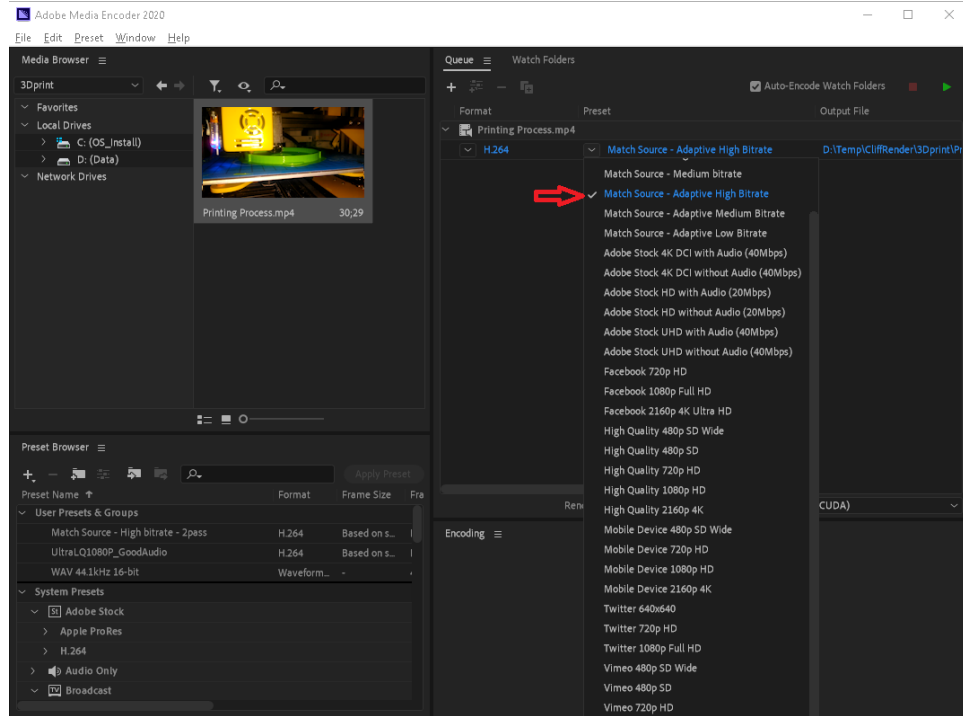
Using Adobe Media Encoder

1. Export project from Adobe Premiere/ After Effects/ Adobe Media encoder
 - a. Adobe media encoder lets you open Premiere and After Effects timelines directly, so they can be treated as normal videos
2. Open the option panel of codecs
 - a. Should look like this, find the video from the browser and drag and drop to the queue area (drag and drop from other window also supported)

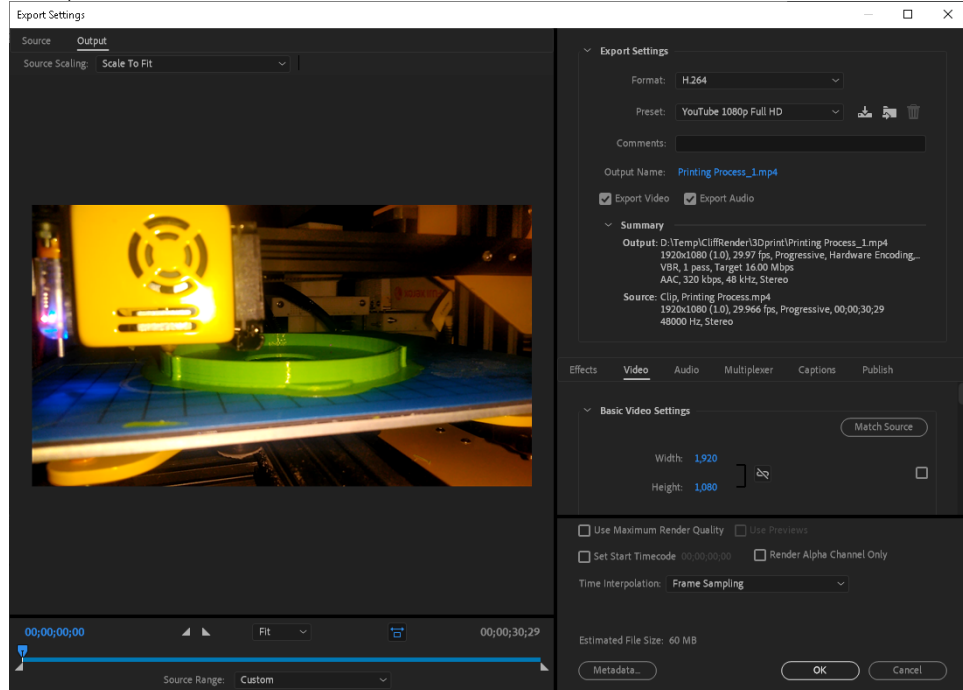



- b. Choose H.264
- c. For preset choose **Match Source Adaptive High Bitrate**
 - i. Several others recommended to choose and experiment if the uploaded video can't be played smoothly, or quality too bad:

Match Source-Adaptive Medium Bitrate	Match Source-Adaptive Low Bitrate	Mobile Device 1080P HD	YouTube 1080p Full HD
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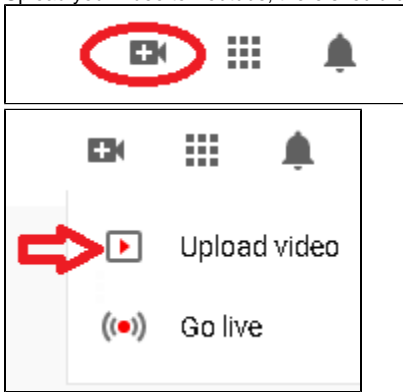
- d. For advanced settings(if you want to tweak, click on the yellow preset you've just chosen)
 - i. A more detailed control will popup (**most scenarios, you won't need to do this**)
 - ii. VBR 2 Pass will have better quality than 1 Pass but slower to encode
 - iii. Set min/max/target bitrate. (Target Bitrate shouldn't exceed 12Mbps or else it will be very difficult for you to stream from outside of POLYU)
 - iv. Target bitrate will affect your filesize eg(30 secs, if you use 8Mbps will be $30 \times 8 / 8 \text{ bits/Byte} = 30 \text{ Mega Bytes}$ for video part of the file)



3. And of course start queue: 
4. If you have any questions, please leave comment here.

Using Youtube

- Upload your video to Youtube, there should be an icon for you to upload



- Follow the instruction to complete and wait for the transcode to complete, make it unlisted if you don't want other people to see it
 - I have a link that you can test: <https://www.youtube.com/watch?v=GKqCyT2t2-M>
- Download any video downloader from web like this one: <https://www.4kdownload.com/products/product-videodownloader>
- Follow software's instruction to download the video



- Then upload to confluence